

## 2020 SKILLSUSA Nail Care Contest Guidelines and Schedule

Contestants should come prepared to do the following:

1. A 3-5 minute mock nail care consultation on the benefits of natural nail care. Props may be used. The presentation should include the following points:
  - Recommended natural nail care services
  - Results the client should expect
  - The home care products the client would need to purchase and use to obtain these results.
2. All five fingers of the model's right hand are to be sculpted with acrylic using forms, **No Tips**, in a two tone/French manicure (pink and white) technique. Two or more colors of acrylic may be used.
3. All five fingers of the model's left hand are to have nail tips applied and overlaid with a light cured gel. Any type of tip may be used.
4. Two coats of dark red crème lacquer/polish will be applied to the model's right hand.
5. Nail art will be applied to all five fingers of the model's left hand. A specific theme is to be carried through on all five fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contestant check in. Themes should be typewritten, may be decorated and must be contained in a plastic sheet protector. Diagrams of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions.
6. A 50 question, multiple choice exam on all aspects of nail care.

### Time Limits:

- Three to five minutes for oral presentation
- 90 minutes for acrylic application
- One hour for light-cured gel application
- 90 minutes for polish and nail art

**All segments of work must be completed in the specified time during competition. For example: during the tip and light-cured gel segment, no work may be completed or started on the acrylic sculptured, nail art or polish application.**

**Written Exam: Please remember that the written exam must be taken prior to the contest day on Friday, March 13. You will receive information about when the exams should be taken from your State Director.**

## Contest Schedule

**8:00 am- 8:30 am:** Contestant check in

**8:30 am-10:00 am:** Sculptured acrylic nail application: All five fingers of the model's right hand are to be sculpted with acrylic using forms, No Tips, in a two tone/French manicure (pink and white) technique. Two or more colors of acrylic may be used.

**10:00 am-10:15 am:** Clean and set up work area for light-cured gel application

**10:15 am-11:15 am:** Light-cured gel application: All five fingers of the model's left hand are to have nail tips applied and overlaid with a light cured gel. Any type of tip may be used.

**11:15 am-11:30 am:** Clean and set up for polish and nail art application

**11:30 am-1:00 pm:** Polish and nail art application: Two coats of dark red crème lacquer/polish will be applied to the model's right hand. Nail art will be applied to all five fingers of the model's left hand. A specific theme is to be carried through on all five fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contestant check in. Themes should be typewritten, may be decorated and must be contained in a plastic sheet protector. Diagrams of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions.

**1:00 pm – 1:30 pm:** Clean-up work area and snack break (Contestants must provide own snacks / lunch)

**\*1:30 pm-3:00 pm:** Oral Presentation: A 3-5 minute mock nail care consultation on the benefits of natural nail care. Props may be used. The presentation should include the following points:

- Recommended natural nail care services
- Results the client should expect
- The home care products the client would need to purchase and use to obtain these results.

**3:00 pm- 3:30 pm:** Final judging and contestant debriefing.

## Suggested Supply List

**Please check your national technical standards list to make sure you have all items needed**

- 1 - 8oz. Sanitize
- 1 - monomer, polymer and primer must be from the same manufacturer
- 1- Bonder Base Gel
- 1- Nail Liquid (Extra Adhesion
- 4- dipping dishes with covers
- 1 - Clean-It
- 1 – 100 ct. Clear Tips
- 1 - Tip & Repair Glue
- 1 - White Powder / clear or natural
- 1 - Pink Powder
- 1 - Adhesion Nail Liquid
- 1- Brush Cleaner
- 1 -Cuticle Oil
- 1 – Odorless Acrylic
- 1 - Lotion
- 1 - Cuticle Remover
- 1 - Polish Remover
- 1 - 20 - Forms
- 1 - Clean Finish Buffer
- 1 - Wipe-Its 100pk (nail wipes for gel)
- 1 - Plastic Manicure Brush
- 4 - File
- 3 - Buffers
- 2 – Shine buffers
- 1 – UV/LED Lamp
- 1– Manicure Light
- 1 - Bottled Water
- 1 – Red Polish
- 2 – Extension Cords
- 1 – Cleaner for gel nails
- 1 – Towelettes for wiping brush
- 3 – small trash bag
- 2 – Safety glasses
- 4 – white towels
- Papertowels

acrylic paints, polishes/lacquers,  
colored powders (acrylic and dip), gel  
polish, rhinestones sizes 20ss and  
under, glitters and dusts, and  
adhesives, i.e., gel top coats/glue